

## JOB DESCRIPTION

**Job Title:** Systemic Psychotherapist/Family Therapist

**Location:** Based in Windsor, Berkshire, also required to work in Kingsley, Hampshire

**Reporting to:** Head of Wellbeing

Term Time Only, 3 days per week (8 hours per day).

### JOB PURPOSE

To provide Systemic Family Therapy interventions for pupils and their families.

Take the lead on the development, training and supervision of family intervention skills within the staff team.

To create and deliver specialised therapeutic interventions with groups of children, individuals, families and professionals which will necessitate drawing from a broad spectrum of systemic models and complex factors concerning historical and developmental processes that have shaped the individual, family or group.

Work as an integral part of the school team, ensuring that the needs of pupils and families are identified within a holistic framework, undertaking joint work with other staff where appropriate.

Provide consultations to therapeutic staff on the use of family therapy and systemic psychotherapy techniques, and where appropriate, work jointly with other team members in the provision of individual and group based programmes.

Work as part of the Therapeutic Team attending regular clinical discussion forums where cases reviewed and consulted on.

Contribute to Annual Reviews, providing advice and information on specific pupil development and needs.

## **PERSON SPECIFICATION**

### **Qualifications**

First related graduate professional qualification i.e. social worker, psychologist, nurse  
Post first qualification practice/clinical experience in a child care/school setting  
MSc Systemic Professional Qualification  
UKCP Registration

### **Previous experience**

Work within social care and education settings  
Significant experience of working therapeutically with families with multiple problems and challenging behaviours  
Experience children with Special Needs  
Previous experience of working independently and within a team  
Experience of psychiatric illness

### **Knowledge**

Social care, Special Educational Needs, school systems, CAMHS, CMHT  
Research in relation to children and adults with mental health problems  
Teaching and training of systemic principles/skills

### **Specific Knowledge & Skills**

Understanding of systemic theory and practice  
Evidence base in relation to child mental health, the impact of abuse, trauma and other adverse experiences on children and families  
Legislation and DOH guidelines relevant to children and mental health  
Child protection policies and procedures  
Child development in relation to mental health difficulties  
Flexible approach to therapeutic intervention

### **Skills**

Skills in working with children and families with mental health and social problems  
Ability to apply analytical skills to multi - layered complex cases  
Ability to assess, including risk, and to formulate comprehensive assessment and offer a range of effective treatments based on systemic principles and act in accordance with Child Protection and Risk policies  
Ability to provide ongoing treatment in complex, often unstable and frequently changing circumstances  
Ability to work with a flexible approach  
Ability to liaise with and manage complex professional networks in relation to individuals and families

Knowledge of relevant research and practice developments within professional discipline of family therapy

Ability to communicate complexity verbally and in writing with relevant administrative capacity

Good written and verbal communication skills

Ability to work independently

Positive communication and listening skills

Patience, tolerance and sensitivity

A mature and non-judgemental outlook

Enthusiasm and ability to work flexibly is essential

### **CPD**

The postholder is expected to have had ongoing CPD that meets the requirements of their governing body.

**As the school develops, additional tasks may be required and added to this job description.**

**All staff members are expected to go above and beyond the call of duty, and get stuck in wherever they are needed, no matter what the project.**

### **KEY CRITERIA:**

This position requires a calm, polite, non-judgemental person who can work quickly and precisely, can multi-task and organise their work despite interruptions to deliver to deadlines.

It is a busy and varied role which suits a person who is flexible and has excellent attention to detail.

In addition we require excellent interpersonal skills to liaise with colleagues and visitors, and clear precise written and verbal communication skills.

Good literacy and numeracy skills are essential, with knowledge of Google technology, and CPOMS an advantage. Experience of working with Health and Safety standards, an advantage.

We are committed to safeguarding and promoting the welfare of children, young people and animals and expect all staff to share this commitment. This post is subject to an enhanced DBS check.